

UNWAVERING SUPPORT



FOR UNCOMMON HEROES

VETERAN OF FOREIGN WARS of the U.S. AUXILIARY DEPARTMENT OF NEW MEXICO



Veterans & Family Support
Shelly Ravak

President
Beth Miller

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Hello Brothers and Sisters,

Happy Spring! I would like to share with you that the last 3 months or so I have been very busy serving our veterans and families in many ways. From shopping, cleaning, cooking them to doctors' appointments, cooking and the list goes on. During this time, I went through so many mixed emotions, from crying, laughing, feeling bittersweet and so on, However, at the end of the day it became a wonderful feeling knowing that I did something good for our Veterans and/or their family. I believe that is part of our job as Auxiliary to help and serve.

This month, since Spring has arrived, I would like to focus on what we could do differently for our Veterans and families. Some ideas would be, a walk in a park, a picnic lunch, plant flowers, help with spring cleaning, invite them to go to a farmers' market. Use your imaginations and see what you could report next month as to what you were able to do for them. I look forward to hearing from you.

If I can be of service to you, please feel to contact me at any time.

Respectfully,

Shelly Ravak
Veterans and Family Support Chair